



Document Ref: SAWF_SGM_Minutes_20260827.docx

Date: 2026/08/27

MINUTES

SPECIAL GENERAL MEETING

A Special General Meeting of the South African Weightlifting Federation will be held on Thursday the 27th August 2026 at 19:00

Venue: Online

1. Roll call

• Caroline Wolf (President)	☒
• Darryn Anthony (Financial Officer)	☒
• Rodney Anthony (Technical Officer)	☒
• Lyle du Plooy (Coach Commission)	☒
• Jon-antohein Phillips (Athlete Commission)	☒
• Pieter Pretorius (ECWA)	☒
• Ilse Beneke (ECWA)	☒
• Lafras Dunn (NWWA)	☒
• Idele du Toit (NWWA)	☒
• Dorita du Toit (NWWA)	☒
• Andre Gadney (GWA)	☒
• Chantelle Burger (GWA)	☒
• Samantha Stewart (GWA)	☒
• Carol Anthony (GWA)	☒
• Duane Edwards (SAMWF)	☒
• Madrinet Schlemmer (LWA)	☒
• Antionette Pieterse (MWA)	☒
• Ruben Burger (Vice-President)	☒
• Gardencia du Plooy (WCWA)	☒
• Anneke Spies-Burger (WCWA)	☒
• Johanni Taljaard (WCWA)	☒
• Martin Venter (KZN)	Could not connect.
• Antony Swanepoel (FSWA)	☒

South African Weightlifting Federation Executive Members [Dated 2025/01/30]

President: Mrs Caroline Wolf; Vice-president: Mr Ruben Burger; General Secretary: Ms Antoinette Kriel;
Treasurer: Mr Darryn Anthony; Technical: Mr Rodney Anthony; Development: Mr George Piet;
Human Resources: Mr Stan Bosch; Media & Marketing: Vacant, Medical: Dr Nikki Allorto;
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Mr George Piet (Eastern Cape); Dr Kevin du Plooy (Western Cape); Mr Calvyn van Wyk (Limpopo);
Mr Lafras Dunn (North West)



South African Weightlifting Federation

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22/39 Quorum = 21

Apologies received:

Dr Kevin du Plooy (Western Cape)
Dr Nikki Allorto (Medical Officer)
Dr Koos Henning (Limpopo)
Mr Stan Bosch (HR Officer)

2. President's welcome and introduction.

Caroline Wolf welcomed and thanked everyone for making the time to attend the meeting. The purpose of the meeting is to vote on new qualifying standards after the change of body weight categories came into effect on 1 August, and to vote on new record standards. The SAWF also learnt that the Department of Sports, Arts and Culture had allocated some money to the Federation for this fiscal year but only gave us 30 days to submit a budget and business plan. The budget being voted on this evening will therefore be a preliminary budget which can be submitted to DSAC and will be finalised at the AGM in October.

3. To accept or to reject the revised body weight categories and qualification standards which shall have been prepared by the Technical Committee. The following documents were sent out:

- a. SAWF_Senior_Qualifying Standards_20260827_V1 (only new body weight category standards changed.)
- b. SAWF_Senior_Qualifying Standards_20260827_V2 (All body weight category standards lowered for World Champs and African Games)
- c. SAWF_Junior_Qualifying Standards_20260827_V1 (only new body weight category standards changed.)
- d. SAWF_Junior_Qualifying Standards_20260827_V2 (All body weight category standards lowered for World Champs)
- e. SAWF_Youth_Qualifying Standards_20260827_V1 (only new body weight category standards changed.)
- f. SAWF_Youth_Qualifying Standards_20260827_V2 (All body weight category standards lowered for World Champs and African Games)
- g. SAWF_Youth_Qualifying Standards_20260827_V3 (All body weight category standards lowered by 5% from V1 for World Champs, African Games and Commonwealth and African Champs)

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South African Weightlifting Federation

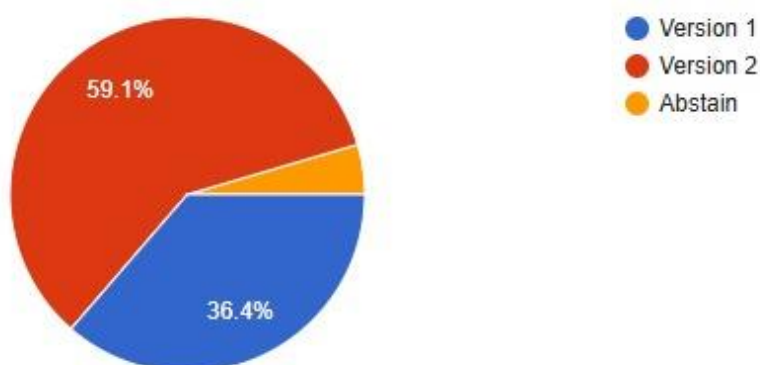
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Voting result:

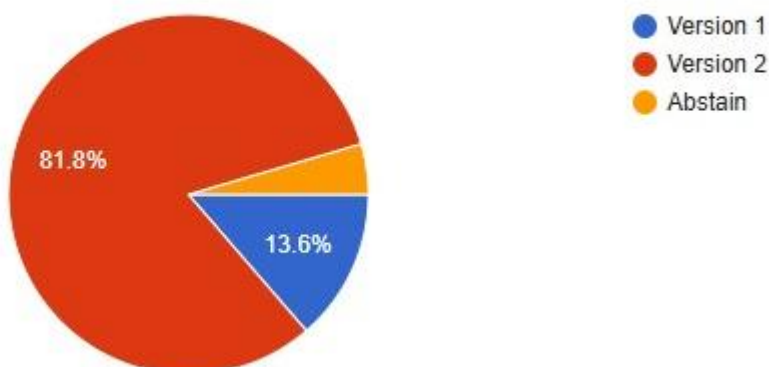
Senior Qualifying Standards

22 responses



Junior Qualifying Standards:

22 responses



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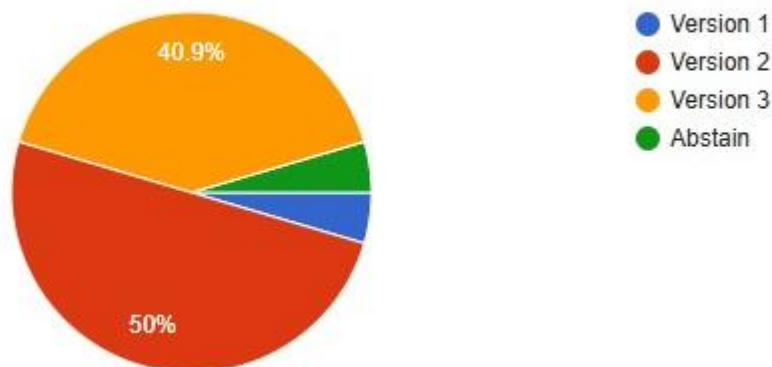
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Youth Qualifying Standards:

22 responses



4. To accept or to reject the body weight category changes to the Competitions Policy. The following document was sent out:

- a. SAWF_Constitution_ScheduleJ_CompetitionPolicy_20260820

The Competitions Policy changes were accepted unanimously.

5. To approve, with or without modifications, the proposed record standards for the new body weight categories. The following documents were sent out:

Men record standards:

- a. Senior men record standards_20260801 (Only new body weight category standards changed)
- b. Junior men record standards_20260801 (Only new body weight category standards changed)
- c. Youth men record standards_20260801_V1 (Only new body weight category standards changed)
- d. Youth men record standards_20260801_V2 (all categories record standards lowered)

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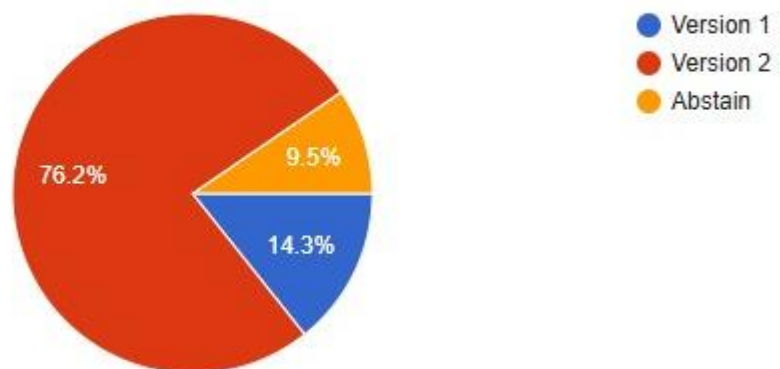
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Voting results:

The senior and junior men record standards were accepted unanimously with one abstain. The Youth men record standards vote was as follows:

21 responses



Women record standards:

- e. Senior women record standards_20260801 (Only new body weight category standards changed)
- f. Junior women record standards_20260801 (Only new body weight category standards changed)
- g. Youth women record standards_20260801_V1 (Only new body weight category standards changed)
- h. Youth women record standards_20260801_V2 (all categories record standards lowered)

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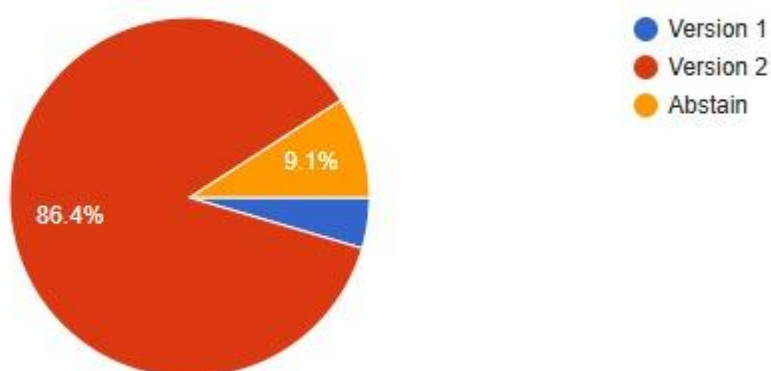
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Voting results:

The senior and junior women record standards were accepted unanimously with one abstain. The youth women record standards voting result was as follows:

22 responses



6. To authorise Antoinette Kriel (Secretary General) and Caroline Wolf (President) as signatories on DSAC Memorandum of Agreement on behalf of SAWF for 2026/2027 financial year.

Antoinette Kriel and Caroline Wolf were unanimously approved as signatories on DSAC Memorandum of Agreement on behalf of SAWF.

7. To approve, with or without modification the business plan and budget for DSAC 2026/27 funding allocation

The preliminary budget was unanimously approved for submission to DSAC for the 2026/27 funding allocation.

Closing:

Caroline Wolf thanked everyone for their time and closed the meeting at 19:40.

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