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Date: 2026/08/22

AGENDA (Final)

SPECIAL GENERAL MEETING

A Special General Meeting of the South African Weightlifting Federation will be held on Thursday the 27th August 2026 at 19:00

Venue: Online

1. Roll call
2. President's welcome and introduction.
3. To accept or to reject the revised body weight categories and qualification standards which shall have been prepared by the Technical Committee. Refer to the following documents attached:
 - a. SAWF_Senior_Qualifying_Standards_20260827_V1 (only new bw category standards changed.)
 - b. SAWF_Senior_Qualifying_Standards_20260827_V2 (All bw category standards lowered for World Champs and African Games)
 - c. SAWF_Junior_Qualifying_Standards_20260827_V1 (only new bw category standards changed.)
 - d. SAWF_Junior_Qualifying_Standards_20260827_V2 (All bw category standards lowered for World Champs)
 - e. SAWF_Youth_Qualifying_Standards_20260827_V1 (only new bw category standards changed.)
 - f. SAWF_Youth_Qualifying_Standards_20260827_V2 (All bw category standards lowered for World Champs and African Games)
 - g. SAWF_Youth_Qualifying_Standards_20260827_V3 V2 (All bw category standards lowered by 5% from V1 for World Champs, African Games and Commonwealth and African Champs)
4. To accept or to reject the body weight category changes to the Competitions Policy. Refer to the following document attached:
 - a. SAWF_Constitution_ScheduleJ_CompetitionPolicy_20260820
5. To approve, with or without modifications, the proposed record standards for the new body weight categories. Refer to the following documents attached:

South African Weightlifting Federation Executive Members [Dated 2025/01/30]

President: Mrs Caroline Wolf; Vice-president: Mr Ruben Burger; General Secretary: Ms Antoinette Kriel;
Treasurer: Mr Darryn Anthony; Technical: Mr Rodney Anthony; Development: Mr George Piet;
Human Resources: Mr Stan Bosch; Media & Marketing: Vacant, Medical: Dr Nikki Allorto;
Athlete Rep: Mrs Anneke Spies-Burger; Coach Rep: Mr Curvon Jacobs; SAMWF: Ms Michelle de Jong
Provincial Chairpersons: Mr Martin Venter (KwaZulu-Natal); Mr Andre Gadney (Gauteng); Mr Andre Smith (Free State);
Mr George Piet (Eastern Cape); Dr Kevin du Plooy (Western Cape); Mr Calvyn van Wyk (Limpopo);
Mr Lafras Dunn (North West)



South African Weightlifting Federation

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- a. Senior men record standards_20260801 (Only new bw category standards changed)
 - b. Junior men record standards_20260801 (Only new bw category standards changed)
 - c. Youth men record standards_20260801_V1 (Only new bw category standards changed)
 - d. Youth men record standards_20260801_V2 (all categories record standards lowered)
 - e. Senior women record standards_20260801 (Only new bw category standards changed)
 - f. Junior women record standards_20260801 (Only new bw category standards changed)
 - g. Youth women record standards_20260801_V1 (Only new bw category standards changed)
 - h. Youth women record standards_20260801_V2 (all categories record standards lowered)
6. To authorise Antoinette Kriel (Secretary General) and Caroline Wolf (President) as signatories on DSAC Memorandum of Agreement on behalf of SAWF for 2026/2027 financial year.
7. To approve, with or without modification the business plan and budget for DSAC 2026/27 funding allocation

Please also see attached feedback received from Mr Pieter Pretorius (ECWA Interim Chairman) and Dr Kevin du Plooy:

- a. Qualifying Standards_Pieter
- b. Youth Standard_Pieter
- c. Comments on standards-2026_Kevin

Note that comments addressing policy items other than qualifying standards were not addressed at this stage as a review committee needs to discuss and consider wider policy issues.

Kind Regards,

Antoinette Kriel (Secretary General)

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