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Date: 2026/02/24

## NOTICE

### SPECIAL GENERAL MEETING

A Special General Meeting of the South African Weightlifting Federation will be held on Sunday the 19<sup>th</sup> April 2026 at 16:00

Venue: Online

Dear Chairpersons/Secretaries of Provincial Associations and Associate Members, Executive Members and Commission representatives

This correspondence serves as formal notice calling for the Special General Meeting of the South African Weightlifting Federation.

The purpose of this meeting is to vote in policy changes. Agenda and proposed policy changes will be sent out by Wednesday 4 March for comment.

Details of the meeting:

**Date:** Sunday, 19 April 2026

**Time:** 16:00 to 17:00

**Venue:** Online

**Format:** Virtual

The following persons shall be entitled to attend and speak at the S.G.M as per 15.2 of the South African Weightlifting Federation constitution dated the 27<sup>th</sup> October 2023:

15.2. The Federation Council shall comprise the following.

15.2.1. The following elected Exco members.

South African Weightlifting Federation Executive Members [Dated 2025/01/30]

President: Mrs Caroline Wolf; Vice-president: Mr Ruben Burger; General Secretary: Ms Antoinette Kriel;  
Treasurer: Mr Darryn Anthony; Technical: Mr Rodney Anthony; Development: Mr George Piet;  
Human Resources: Mr Stan Bosch; Media & Marketing: Vacant, Medical: Dr Nikki Allorto;  
Athlete Rep: Mrs Anneke Spies-Burger; Coach Rep: Mr Curvon Jacobs; SAMWF: Ms Michelle de Jong  
Provincial Chairpersons: Mr Martin Venter (KwaZulu-Natal); Mr Andre Gadney (Gauteng); Mr Andre Smith (Free State);  
Mr George Piet (Eastern Cape); Dr Kevin du Plooy (Western Cape); Mr Calvyn van Wyk (Limpopo);  
Mr Lafras Dunn (North West)



## South African Weightlifting Federation

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- 15.2.1.1. The President;
- 15.2.1.2. The Vice-President;
- 15.2.1.3. Treasurer
- 15.2.1.4. Secretary-General
- 15.2.1.5. Technical Officer
- 15.2.1.6. Development Officer
- 15.2.1.7. Marketing and Media Officer
- 15.2.1.8. Human Resources Officer
- 15.2.1.9. Medical Officer
- 15.2.2. 4 (four) representatives of the Ordinary Members (Provincial Association)
- 15.2.3. 2 (two) athletes' representatives elected by the Athletes' Commission.
- 15.2.4. 2 (two) coaches' representatives elected by the Coaches' Commission
- 15.2.5. 1 (one) representative of other Associate members (if applicable)

Please refer to 18. SPECIAL GENERAL MEETINGS ("S.G.M.'s") and 19. REPRESENTATION AND VOTING RIGHTS of the constitution for further information.

Kind Regards,

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Antoinette Kriel (Secretary-General)

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