



Document Ref: SAWF_OGM_Agenda_20260214_V1.docx

Date: 2026/01/26

AGENDA

ORDINARY GENERAL MEETING

A General Meeting of the South African Weightlifting Federation will be held on
Saturday, 14th February at 14:00

Venue: Online meeting

Agenda

- 1) To read the notice convening the meeting
- 2) Roll call
- 3) To confirm, with or without amendments, or to reject the minutes of the previous O.G.M., as well as the minutes of any S.G.M. held in the interim, and to consider any matters arising therefrom (available on SAWF website: https://www.saweightlifting.co.za/wp-content/uploads/2025/04/SAWF_OGM_Minutes_20250309_V1.pdf);
- 4) To consider and to adopt, with or without modification, or to reject, any Resolution of which due notice has been given;
- 5) To consider and to adopt, with or without modification, or to reject, the budget for the remainder of the 2025/26 financial year as well as the 2026/27 financial year which shall have been prepared by the Treasurer and considered and recommended by Exco (see next page).

South African Weightlifting Federation Executive Members [Dated 2025/01/30]

President: Mrs Caroline Wolf; Vice-president: Mr Ruben Burger; General Secretary: Ms Antoinette Kriel;
Treasurer: Mr Darryn Anthony; Technical: Mr Rodney Anthony; Development: Mr George Piet;
Human Resources: Mr Stan Bosch; Media & Marketing: Vacant, Medical: Dr Nikki Allorto;
Athlete Reps: Ms Laryne Jefferies & Mr Jon-antohein Phillips; Coach Reps: Mr Lyle du Plooy and Mr Scott Schreuder;
SAMWF: Ms Michelle de Jong
Provincial Chairpersons: Mr Martin Venter (KwaZulu-Natal); Mr Andre Gadney (Gauteng); Mr Andre Smith (Free State);
Mr George Piet (Eastern Cape); Dr Kevin du Plooy (Western Cape); Mr Calvyn van Wyk (Limpopo);
Mr Lafras Dunn (North West)



South African Weightlifting Federation

4 Engwena Road, Edenvale, 1610
Johannesburg, Gauteng, South Africa
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Tel: +27 10 745 6505

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Budget Proposal: 2025/26 and 2026/27

Available Funds 2025/26	
DSAC 2025/2026 (Remaining)	R 410 415
Available Funds 2026/27	
DSAC 2026/2027	R0
IWF Development Fund 2026 (+/- \$6000)	R 110 000
Membership fees (2026) – estimate	R 40 000
	R 150 000

Funding Allocation Split 2025/26 (DSAC)

Funding for CG26 qualifications	R 230 000
Provincial Support 2025/26	R 135 000
Development January – March 31 st 2026	R 35 000
Portal Development	0
SA Senior Champs 2025	R 10 000
Total	R 410 000

Funding Allocation Split 2026 (IWF Dev Fund and SAWF Membership Fees 2026)

Africa Youth and Junior Champs 2026	R 90 000
Funding for CG26 qualifications	R 20 000
Development 2026	R 40 000
Total	R 150 000

(continued on next page)

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Funding model 1st April 2025 to 31st March 2026

Provincial Support

Total Allocation R 135 000.00

Gauteng	R 20 000.00
Western Cape	R 20 000.00
Eastern Cape	R 20 000.00
North West	R 15 000.00
Limpopo	R 15 000.00
Free State	R 15 000.00
KZN	R 15 000.00
Mpumalanga	R 15 000.00

6) To finalise dates and consider proposals for hosting the two SA Championship events.

Please submit comments on the proposed budget by **Monday 2 February 2026** close of business to gensecretary@saweightlifting.co.za

Please submit proposals to host SA Championships by **Monday 2 February 2026** close of business to technical@saweightlifting.co.za

A reminder to please return attendance forms to gensecretary@saweightlifting.co.za by no later than **Wednesday 11 February 2026, 12pm SAST**.

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As per the SAWF Constitution:

16. ORDINARY GENERAL MEETING ("O.G.M.")

- 16.1. An O.G.M. shall be held once every year.
- 16.2. Exco shall decide the date, time, and place on which each O.G.M. shall be held.
- 16.3. The following persons shall be entitled to attend and speak at the O.G.M:
 - 16.3.1. All members of the Federation Council, as defined in 15.2;
 - 16.3.2. 2 (two) athletes' representatives from each Provincial Association who are elected by the Athletes' Commission of the Provincial Association
 - 16.3.3. The Patrons;
 - 16.3.4. All Honorary Life Members;
 - 16.3.5. Invited individuals shall include the Auditor and a representative of the Sports Confederation;
- 16.4. Notice of any O.G.M. of the Federation Council shall be sent to all Members not less than 21 (twenty-one) days before the date of such meeting which notices shall be accompanied by a proposed agenda as recommended by Exco.
- 16.5. The full motion which any Member wishes to be put to and considered by any O.G.M. shall be received not less than 14 (fourteen) days before the date of such meeting by the Secretary-General who shall distribute it by post and/or by hand, and/or by fax, and/or by electronic mail, together with the final agenda to all Members, the Athlete's Commission, and Associate Members, not less than 7 (seven) days before the date of such meeting.
- 16.6. The business to be transacted at the O.G.M. shall be:
 - 16.6.1. to read the notice convening the meeting;
 - 16.6.2. to read and confirm, with or without amendments, or to reject the minutes of the previous O.G.M., as well as the minutes of any S.G.M. held in the interim, and to consider any matters arising therefrom;
 - 16.6.3. to consider and to adopt, with or without modification, or to reject, any Resolution of which due notice has been given;
 - 16.6.4. to consider and to adopt, with or without modification, or to reject, the budget for the ensuing year which shall have been prepared by the Treasurer and considered and recommended by Exco.
 - 16.6.5. No resolution which has the effect of creating, amending, or repealing a by-law, regulation, or standing rule shall be binding unless the notice thereof has been given in terms of clause 15 hereof or such resolution has been ratified at the next Federation Council meeting.

Kind Regards,

A Kriel

Antoinette Kriel (Secretary General)

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