



# South African Weightlifting Federation

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## SASCOC Report: WFA African Youth and Junior Championships, Accra, Ghana

Date: 17 – 24 August 2025

The South African Weightlifting Federation is proud to report that we were able to send two young athletes and their coach to compete at this year's African Youth and Junior Championships. This was their first international competition experience, as well as the coach's first international coaching experience. The results of the athletes should therefore be seen more in terms of gaining valuable experience, rather than simply what they achieved.

The detailed results are given below:

### Detailed Team Results:

Athlete name	Division	Snatch	Clean and jerk	Total	Place
Dunay Vermeulen	Youth F77+	56kg (Silver)	72kg (Silver)	128kg (Silver)	2nd
Isabella Padiachy	Junior F58kg	53kg (Bronze)	-	-	DNF

  
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Caroline Wolf (President)

Report Dated: 2025/09/11

### South African Weightlifting Federation Executive Members [Dated 2023/07/20]

President: Caroline Wolf; General Secretary: Antoinette Kriel; Treasurer: Darryn Anthony; Technical: Rodney Anthony;  
Development: George Piet; Human Resources: Stan Bosch; Media & Marketing: Vacant  
Medical: Dr Nikki Allorto; Athlete Rep: Ruben Burger; Coach Rep: Andre Gadney; SAMWF: Michelle de Jong  
Provincial Chairpersons: Martin Venter (KwaZulu-Natal); Nicolas Gindre (Gauteng); Andre Smith (Acting) (Free State);  
George Piet (Eastern Cape); Kevin du Plooy (Western Cape); Franco Rabe (Acting) (Limpopo); Lafras Dunn (North West)