



African Junior and Youth Weightlifting Championships
African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting
Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

RESULTS BOOK



YOUTH



African Junior and Youth Weightlifting Championships
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 Championships Accra Ghana 2025
 Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

YOUTH MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
56 kg	SNATCH	1	82	Haroun Moussa	2009	ALG
		2	81	Herman Onjatiana	2009	MAD
		3	70	Mahmoud Abdulhamid	2008	LBA
	C&Jerk	1	106	Herman Onjatiana	2009	MAD
		2	104	Haroun Moussa	2009	ALG
		3	83	Mahmoud Abdulhamid	2008	LBA
	TOTAL	1	187	Herman Onjatiana	2009	MAD
		2	186	Haroun Moussa	2009	ALG
		3	153	Mahmoud Abdulhamid	2008	LBA
60 kg	SNATCH	1	92	Qossey Chaabi	2008	ALG
		2	92	Ian Okinyi	2009	KEN
		3	85	Francis Kondeh	2009	SLE
	C&Jerk	1	110	Qossey Chaabi	2008	ALG
		2	108	Ian Okinyi	2009	KEN
		3	100	Francis Kondeh	2009	SLE
	TOTAL	1	202	Qossey Chaabi	2008	ALG
		2	200	Ian Okinyi	2009	KEN
		3	185	Francis Kondeh	2009	SLE
65 kg	SNATCH	1	103	Sadek Mohamed	2009	EGY
		2	95	Gaston Yemgoua Wafo	2010	CMR
		3	70	Golge Tarwirei	2009	BOT
	C&Jerk	1	136	Gaston Yemgoua Wafo	2010	CMR
		2	135	Sadek Mohamed	2009	EGY
		3	80	Golge Tarwirei	2009	BOT
	TOTAL	1	238	Sadek Mohamed	2009	EGY
		2	231	Gaston Yemgoua Wafo	2010	CMR
		3	150	Golge Tarwirei	2009	BOT
71 kg	SNATCH	1	113	Abdulrauf Khalleefah	2010	LBA
		2	107	Mohamed Islam Touairi	2008	ALG
		3				
	C&Jerk	1	137	Mohamed Islam Touairi	2008	ALG
		2	130	Abdulrauf Khalleefah	2010	LBA
		3				
	TOTAL	1	244	Mohamed Islam Touairi	2008	ALG
		2	243	Abdulrauf Khalleefah	2010	LBA
		3				
79 kg	SNATCH	1	142	Ali Ali	2009	EGY
		2	113	Mohammed Albakhnasi	2009	LBA
		3				
	C&Jerk	1	167	Ali Ali	2009	EGY
		2	132	Mohammed Albakhnasi	2009	LBA
		3				
	TOTAL	1	309	Ali Ali	2009	EGY
		2	245	Mohammed Albakhnasi	2009	LBA
		3				



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YOUTH MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
88 kg	SNATCH	1	125	David Hercule Matam Sandje	2009	CMR
		2	103	Donovan Madanamoothoo	2009	MRI
		3				
	C&Jerk	1	150	David Hercule Matam Sandje	2009	CMR
		2	131	Donovan Madanamoothoo	2009	MRI
		3				
	TOTAL	1	275	David Hercule Matam Sandje	2009	CMR
		2	234	Donovan Madanamoothoo	2009	MRI
		3				
94 kg	SNATCH	1	100	Abdelrahem Kurban	2008	LBA
		2				
		3				
	C&Jerk	1	105	Abdelrahem Kurban	2008	LBA
		2				
		3				
	TOTAL	1	205	Abdelrahem Kurban	2008	LBA
		2				
		3				



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YOUTH WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
44 kg	SNATCH	1	40	Marwa En Namli	2009	MAR
		2				
		3				
	C&Jerk	1	50	Marwa En Namli	2009	MAR
		2				
		3				
	TOTAL	1	90	Marwa En Namli	2009	MAR
		2				
		3				
48 kg	SNATCH	1	63	Chinaza Cecelia Ezenwa	2011	NGR
		2	56	Tendry Tsiky Mahay Tia Rakotonoely	2010	MAD
		3	45	Amanda Lina	2009	KEN
	C&Jerk	1	73	Chinaza Cecelia Ezenwa	2011	NGR
		2	68	Tendry Tsiky Mahay Tia Rakotonoely	2010	MAD
		3	55	Amanda Lina	2009	KEN
	TOTAL	1	136	Chinaza Cecelia Ezenwa	2011	NGR
		2	124	Tendry Tsiky Mahay Tia Rakotonoely	2010	MAD
		3	100	Amanda Lina	2009	KEN
53 kg	SNATCH	1	65	Yasmine Radhouani	2009	TUN
		2				
		3				
	C&Jerk	1	78	Yasmine Radhouani	2009	TUN
		2				
		3				
	TOTAL	1	143	Yasmine Radhouani	2009	TUN
		2				
		3				
58 kg	SNATCH	1	71	Florence Oluwadamilare Olarinoye	2010	NGR
		2	70	Inas Dris	2008	ALG
		3	52	Khadija Bouzian	2009	MAR
	C&Jerk	1	86	Florence Oluwadamilare Olarinoye	2010	NGR
		2	80	Inas Dris	2008	ALG
		3	65	Yayra Akos Agozi	2010	GHA
	TOTAL	1	157	Florence Oluwadamilare Olarinoye	2010	NGR
		2	150	Inas Dris	2008	ALG
		3	116	Yayra Akos Agozi	2010	GHA
63 kg	SNATCH	1	75	Mercy Kerubo	2009	KEN
		2				
		3				
	C&Jerk	1	91	Soloniaina chainah Andriamparany	2008	MAD
		2	90	Mercy Kerubo	2009	KEN
		3				
	TOTAL	1	165	Mercy Kerubo	2009	KEN
		2				
		3				



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
69 kg	SNATCH	1	91	Abeer Elfedawy	2008	EGY
		2	70	Eya El Ghali	2009	TUN
		3	47	Sheriffa Halidu	2010	GHA
	C&Jerk	1	109	Abeer Elfedawy	2008	EGY
		2	93	Eya El Ghali	2009	TUN
		3	63	Sheriffa Halidu	2010	GHA
	TOTAL	1	200	Abeer Elfedawy	2008	EGY
		2	163	Eya El Ghali	2009	TUN
		3	110	Sheriffa Halidu	2010	GHA
77 kg	SNATCH	1	81	Chofrane Ghrissa	2011	TUN
		2	76	Sondous Mahmoud	2009	EGY
		3				
	C&Jerk	1	101	Chofrane Ghrissa	2011	TUN
		2	100	Sondous Mahmoud	2009	EGY
		3				
	TOTAL	1	182	Chofrane Ghrissa	2011	TUN
		2	176	Sondous Mahmoud	2009	EGY
		3				
+77 kg	SNATCH	1	89	Zeineb Naoui	2008	TUN
		2	56	Dunay Vermeulen	2009	RSA
		3	49	Yahna Douvisha Soopal	2008	MRI
	C&Jerk	1	98	Zeineb Naoui	2008	TUN
		2	72	Dunay Vermeulen	2009	RSA
		3	63	Yahna Douvisha Soopal	2008	MRI
	TOTAL	1	187	Zeineb Naoui	2008	TUN
		2	128	Dunay Vermeulen	2009	RSA
		3	112	Yahna Douvisha Soopal	2008	MRI



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YOUTH SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	GHA : GHANA	62/1	398/6	460/7
2	LBA : LIBYAN	372/5	0/0	372/5
3	TUN : TUNISIA	0/0	327/4	327/4
4	EGY : EGYPT	165/2	159/2	324/4
5	ALG : ALGERIA	243/3	75/1	318/4
6	KEN : KENYA	136/2	150/2	286/4
7	MAD : MADAGASCAR	81/1	103/2	184/3
8	NGR : NIGERIA	0/0	168/2	168/2
9	CMR : CAMEROON	162/2	0/0	162/2
10	MRI : MAURITIUS	75/1	69/1	144/2
11	BOT : BOTSWANA	135/2	0/0	135/2
12	MAR : MOROCCO	0/0	107/2	107/2
13	RSA : SOUTH AFRICA	0/0	75/1	75/1
14	SLE : SIERRA LEONE	69/1	0/0	69/1



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YOUTH MEN'S TEAM CLASSIFICATION

No.	Team	56 kg	60 kg	65 kg	71 kg	79 kg	88 kg	94 kg	TOTAL
1	LBA : LIBYAN	69/1	66/1	-	78/1	75/1	-	84/1	372/5
2	ALG : ALGERIA	78/1	84/1	-	81/1	-	-	-	243/3
3	EGY : EGYPT	-	-	81/1	-	84/1	-	-	165/2
4	CMR : CAMEROON	-	-	78/1	-	-	84/1	-	162/2
5	KEN : KENYA	61/1	75/1	-	-	-	-	-	136/2
6	BOT : BOTSWANA	66/1	-	69/1	-	-	-	-	135/2
7	MAD : MADAGASCAR	81/1	-	-	-	-	-	-	81/1
8	MRI : MAURITIUS	-	-	-	-	-	75/1	-	75/1
9	SLE : SIERRA LEONE	-	69/1	-	-	-	-	-	69/1
10	GHA : GHANA	62/1	-	-	-	-	-	-	62/1



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YOUTH WOMEN'S TEAM CLASSIFICATION

No.	Team	44 kg	48 kg	53 kg	58 kg	63 kg	69 kg	77 kg	+77 kg	TOTAL
1	GHA : GHANA	-	66/1	-	68/1	-	135/2	-	129/2	398/6
2	TUN : TUNISIA	-	-	84/1	-	-	75/1	84/1	84/1	327/4
3	NGR : NIGERIA	-	84/1	-	84/1	-	-	-	-	168/2
4	EGY : EGYPT	-	-	-	-	-	84/1	75/1	-	159/2
5	KEN : KENYA	-	69/1	-	-	81/1	-	-	-	150/2
6	MAR : MOROCCO	84/1	-	-	23/1	-	-	-	-	107/2
7	MAD : MADAGASCAR	-	75/1	-	-	28/1	-	-	-	103/2
8	ALG : ALGERIA	-	-	-	75/1	-	-	-	-	75/1
9	RSA : SOUTH AFRICA	-	-	-	-	-	-	-	75/1	75/1
10	MRI : MAURITIUS	-	-	-	-	-	-	-	69/1	69/1



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YOUTH SUMMARY MEDALS

No.	Team	1	2	3	4	5	6
1	TUN : TUNISIA	9	3				
2	EGY : EGYPT	8	4				
3	ALG : ALGERIA	6	6				
4	NGR : NIGERIA	6					
5	LBA : LIBYAN	4	5	3	3		
6	CMR : CAMEROON	4	2				
7	MAD : MADAGASCAR	3	4				
8	MAR : MOROCCO	3		1			
9	KEN : KENYA	2	4	3		1	2
10	MRI : MAURITIUS		3	3			
11	RSA : SOUTH AFRICA		3				
12	GHA : GHANA			5	10	5	1
13	BOT : BOTSWANA			3	3		
14	SLE : SIERRA LEONE			3			



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YOUTH MEN 's MEDALS

No.	Team	1	2	3	4	5	6
1	ALG : ALGERIA	6	3				
2	EGY : EGYPT	5	1				
3	LBA : LIBYAN	4	5	3	3		
4	CMR : CAMEROON	4	2				
5	MAD : MADAGASCAR	2	1				
6	KEN : KENYA		3			1	2
7	MRI : MAURITIUS		3				
8	BOT : BOTSWANA			3	3		
9	SLE : SIERRA LEONE			3			
10	GHA : GHANA					2	1



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YOUTH WOMEN 's MEDALS

No.	Team	1	2	3	4	5
1	TUN : TUNISIA	9	3			
2	NGR : NIGERIA	6				
3	EGY : EGYPT	3	3			
4	MAR : MOROCCO	3		1		
5	KEN : KENYA	2	1	3		
6	MAD : MADAGASCAR	1	3			
7	RSA : SOUTH AFRICA		3			
8	ALG : ALGERIA		3			
9	GHA : GHANA			5	10	3
10	MRI : MAURITIUS			3		



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 56 kg

Competition : 18.08.2025 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	11	[A] Herman Onjatiana	175	MAD	2009	56.00	77	77	81	81	2	100	103	106	106	1	187	1
2	43	[A] Haroun Moussa	178	ALG	2009	55.80	76	78	82	82	1	95	101	104	104	2	186	2
3	28	[A] Mahmoud Abdulhamid	140	LBA	2008	56.00	65	70	77	70	3	75	81	83	83	3	153	3
4	56	[A] Thabo Mnyengwa	110	BOT	2008	53.60	58	62	66	62	4	71	76	82	82	4	144	4
5	36	[A] Zadok Nii Amul Dodoo	110	GHA	2011	54.80	54	55	55	55	6	65	70	73	70	5	125	5
6	4	[A] Ace wood Waiyaki	110	KEN	2011	42.90	50	55	56	56	5	64	68	68	68	6	124	6



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 60 kg

Competition : 19.08.2025 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	69	[A] Qossey Chaabi	200	ALG	2008	58.50	86	92	93	92	1	107	107	110	110	1	202	1
2	39	[A] Ian Okinyi	190	KEN	2009	59.00	85	90	92	92	2	105	108	111	108	2	200	2
3	97	[A] Francis Kondoh	120	SLE	2009	60.00	70	80	85	85	3	90	100	105	100	3	185	3
4	3	[A] Mahmoud Qanaw	160	LBA	2010	59.50	70	75	81	75	4	80	91	94	94	4	169	4



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 65 kg

Competition : 19.08.2025 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	86	[A] Sadek Mohamed	230	EGY	2009	64.15	97	101	103	103	1	127	131	135	135	2	238	1
2	50	[A] Gaston Yemgoua Wafo	210	CMR	2010	64.50	90	95	100	95	2	126	131	136	136	1	231	2
3	51	[A] Golge Tarwirei	110	BOT	2009	63.40	62	66	70	70	3	70	75	80	80	3	150	3



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 71 kg

Competition : 19.08.2025 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	31	[A] Mohamed Islam Touairi	250	ALG	2008	68.20	107	112	112	107	2	132	137	143	137	1	244	1
2	18	[A] Abdulrauf Khalleefah	220	LBA	2010	70.60	106	107	113	113	1	125	130	135	130	2	243	2



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 79 kg

Competition : 20.08.2025 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	83	[A] Ali Ali	290	EGY	2009	77.90	135	135	142	142	1	155	167	174	167	1	309	1
2	46	[A] Mohammed Albakhnasi	220	LBA	2009	78.30	97	108	113	113	2	125	132	140	132	2	245	2

BREAK RECORDS

YOUTH AFRICAN RECORDS MEN 79 kg SNATCH : AFRICAN STANDARD [] 138 ---> ALI ALI [EGY] 142

YOUTH AFRICAN RECORDS MEN 79 kg TOTAL : AFRICAN STANDARD [] 308 ---> ALI ALI [EGY] 309



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 88 kg

Competition : 20.08.2025 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	33	[A] David Hercule Matam Sandje	250	CMR	2009	81.40	115	125	130	125	1	140	150	153	150	1	275	1
2	89	[A] Donovan Madanamoothoo	205	MRI	2009	82.70	90	100	103	103	2	115	125	131	131	2	234	2



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15/08/2025 to 22/08/2025

RESULT YOUTH MEN 94 kg

Competition : 21.08.2025 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	24	[A] Abdelrahem Kurban	200	LBA	2008	90.60	85	93	100	100	1	105	120	120	105	1	205	1



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15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 44 kg

Competition : 18.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	88	[A] Marwa En Namli	100	MAR	2009	43.80	40	49	51	40	1	50	58	60	50	1	90	1



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15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 48 kg

Competition : 18.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	12	[A] Chinaza Cecelia Ezenwa	140	NGR	2011	47.00	55	58	63	63	1	70	73	77	73	1	136	1
2	22	[A] Tendry Tsiky Mahay Tia Rakotonoely	110	MAD	2010	47.80	51	54	56	56	2	62	65	68	68	2	124	2
3	35	[A] Amanda Lina	93	KEN	2009	47.20	43	45	47	45	3	50	55	58	55	3	100	3
4	59	[A] Theresa Lanyoh	55	GHA	2010	48.00	30	33	35	35	4	40	43	45	45	4	80	4



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15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 53 kg

Competition : 18.08.2025 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	70	[A] Yasmine Radhouani	145	TUN	2009	51.10	57	63	65	65	1	73	78	81	78	1	143	1



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15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 58 kg

Competition : 18.08.2025 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	20	[A] Florence Oluwadamilare Olarinoye	160	NGR	2010	57.70	66	69	71	71	1	82	82	86	86	1	157	1
2	53	[A] Inas Dris	140	ALG	2008	58.00	65	70	70	70	2	80	80	87	80	2	150	2
3	64	[A] Yayra Akos Agozi	100	GHA	2010	57.00	51	54	54	51	4	58	61	65	65	3	116	3
	67	[A] Khadija Bouzian	110	MAR	2009	57.40	50	52	54	52	3	58	59	61	--		--	



African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 63 kg

Competition : 19.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	58	[A] Mercy Kerubo	163	KEN	2009	61.90	73	73	75	75	1	90	90	92	90	2	165	1
	52	[A] Soloniaina chainah Andriamparany	160	MAD	2008	62.70	69	70	70	--		86	91	98	91	1	--	



African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 69 kg

Competition : 19.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	40	[A] Abeer Elfedawy	140	EGY	2008	68.70	80	86	91	91	1	100	109	109	109	1	200	1
2	61	[A] Eya El Ghali	160	TUN	2009	67.30	65	70	73	70	2	82	90	93	93	2	163	2
3	47	[A] Sheriffa Halidu	93	GHA	2010	65.30	43	45	47	47	3	52	57	63	63	3	110	3
4	81	[A] Fuseina Ali	70	GHA	2010	68.50	43	43	44	43	4	47	51	56	56	4	99	4



African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN 77 kg

Competition : 20.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	74	[A] Chofrane Ghriisa	180	TUN	2011	73.80	76	81	81	81	1	94	101	107	101	1	182	1
2	14	[A] Sondous Mahmoud	140	EGY	2009	74.90	76	81	82	76	2	91	100	107	100	2	176	2



African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

RESULT YOUTH WOMEN +77 kg

Competition : 21.08.2025 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	6	[A] Zeineb Naoui	190	TUN	2008	85.30	83	89	89	89	1	98	98	102	98	1	187	1
2	87	[A] Dunay Vermeulen	128	RSA	2009	101.70	53	56	60	56	2	68	72	76	72	2	128	2
3	25	[A] Yahna Douvisha Soopal	100	MRI	2008	97.90	40	46	49	49	3	51	60	63	63	3	112	3
4	76	[A] Joana Dede Vanderpuye	75	GHA	2011	83.80	40	45	49	45	4	45	47	49	49	5	94	4
5	84	[A] Baaba Adwoa Barnes	60	GHA	2010	109.60	40	44	48	44	5	46	48	50	50	4	94	5



African Junior and Youth Weightlifting Championships

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 18.08.2025 11:00

WOMEN 44 kg A, 48 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
44 kg A																		
1	88	Marwa En Namli	100	MAR	2009	43.80	40	49	51	40		50	53	60	50		90	
48 kg A																		
2	12	Chinaza Cecelia Ezenwa	140	NGR	2011	47.00	55	58	63	63		70	73	77	73		136	
3	19	Tiavina fabia Andriamitantoa	115	MAD	2005	47.00	47	52	55	55		67	71	76	76		131	
4	22	Tendry Tsiky Mahay Tia Rakotonoely	110	MAD	2010	47.80	51	54	56	56		62	65	68	68		124	
5	35	Amanda Lina	93	KEN	2009	47.20	43	45	47	45		50	55	58	55		100	
6	59	Theresa Lanyoh	55	GHA	2010	48.00	30	33	35	35		40	43	45	45		80	
7	66	Bouchra Saadi	110	ALG	2007	47.70	50	50	53	53		61	66	69	66		119	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Fathi Elhadari [EGY]
Left - Joseph Avindo [KEN]
Right - Fateh Bouchiha [ALG]

Chief Marshal

1. Osama Ghannaw [LBA]
2. Sefiya Onubaye [NGR]

Time Keeper

1. Nouredin Bouregba [MAR]

Technical Controller

1. Ali Bendjadou [ALG]

Competition Doctor

1. Dr Fathi Masmoudi [TUN]



African Junior and Youth Weightlifting Championships

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 18.08.2025 13:00

MEN 56 kg A

Weigh in : 11:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
56 kg A																		
1	4	Ace wood Waiyaki	110	KEN	2011	42.90	50	55	56	56		64	68	68	68		124	
2	11	Herman Onjatiana	175	MAD	2009	56.00	77	77	81	81		100	103	106	106		187	
3	28	Mahmoud Abdulhamid	140	LBA	2008	56.00	65	70	77	70		75	81	83	83		153	
4	36	Zadok Nii Amul Dodoo	110	GHA	2011	54.80	54	55	55	55		65	70	73	70		125	
5	43	Haroun Moussa	178	ALG	2009	55.80	76	78	82	82		95	101	104	104		186	
6	56	Thabo Munyengwa	110	BOT	2008	53.60	58	62	66	62		71	76	82	82		144	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Poorun Bholla [MRI]
Left - Ahmed Abukhshim [LBA]
Right - Georges Djeudji [CMR]

Chief Marshal

1. Osama Ghannaw [LBA]
2. Sefiya Onubaye [NGR]

Time Keeper

1. Nouredin Bouregba [MAR]

Technical Controller

1. Ali Bendjadou [ALG]

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 18.08.2025 16:00

WOMEN 53 kg A, 58 kg A

Weigh in : 14:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
53 kg A																		
1	29	Hager Abdalmola	120	EGY	2007	52.50	63	66	70	70		77	80	85	85		155	
2	70	Yasmine Radhouani	145	TUN	2009	51.10	57	63	65	65		73	78	81	78		143	
58 kg A																		
3	20	Florence Oluwadamilare Olarinoye	160	NGR	2010	57.70	66	69	71	71		82	82	86	86		157	
4	37	Isabella Padiachy	120	RSA	2005	58.00	50	53	56	53		72	72	72	--		--	
5	53	Inas Dris	140	ALG	2008	58.00	65	70	70	70		80	80	87	80		150	
6	64	Yayra Akos Agozi	100	GHA	2010	57.00	51	54	54	51		58	61	65	65		116	
7	67	Khadija Bouzian	110	MAR	2009	57.40	50	52	54	52		58	59	61	--		--	

Jury

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2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Fateh Bouchiha [ALG]
Left - Joseph Avindo [KEN]
Right - Fathi Elhadari [EGY]

Chief Marshal

1. Osama Ghannaw [LBA]
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African Junior and Youth Weightlifting Championships

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 19.08.2025 11:00

WOMEN 63 kg A, 69 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
63 kg A																		
1	5	Megane Elvira Leutchieu Ngachieu	130	CMR	2006	62.30	60	65	66	60		77	82	82	77		137	
2	21	Dounia Lahriouech	150	MAR	2005	62.50	65	70	72	70		85	90	92	90		160	
3	41	Eya Hosni	170	TUN	2005	62.90	71	74	74	74		95	102	102	102		176	
4	52	Soloniaina chainah Andriamparany	160	MAD	2008	62.70	69	70	70	--		86	91	98	91		--	
5	58	Mercy Kerubo	163	KEN	2009	61.90	73	73	75	75		90	90	92	90		165	
6	93	Ahlam Ressani	135	ALG	2005	62.70	58	63	66	63		75	80	83	80		143	
69 kg A																		
7	17	Kaddy Jolie Awa	130	CMR	2006	68.90	55	61	65	61		70	76	82	76		137	
8	40	Abeer Elfedawy	140	EGY	2008	68.70	80	86	91	91		100	109	109	109		200	
9	47	Sheriffa Halidu	93	GHA	2010	65.30	43	45	47	47		52	57	63	63		110	
10	61	Eya El Ghali	160	TUN	2009	67.30	65	70	73	70		82	90	93	93		163	
11	81	Fuseina Ali	70	GHA	2010	68.50	43	43	44	43		47	51	56	56		99	

Jury

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3. Salim Musoke [UGA]

Referee

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African Junior and Youth Weightlifting Championships

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 19.08.2025 14:00

MEN 60 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
60 kg A																		
1	3	Mahmoud Qanaw	160	LBA	2010	59.50	70	75	81	75		80	91	94	94		169	
2	10	Wilson Mamba	95	SWZ	2006	59.30	50	55	55	50		55	60	60	55		105	
3	27	Miranto Fitiavana Randriamifidisoa	190	MAD	2005	56.30	82	86	86	82		100	100	107	107		189	
4	39	Ian Okinyi	190	KEN	2009	59.00	85	90	92	92		105	108	111	108		200	
5	45	Eric Malibe	150	GHA	2006	57.90	66	70	74	70		87	92	96	92		162	
6	49	Idriss Ouirthi	210	TUN	2006	59.40	97	102	102	97		112	118	118	112		209	
7	68	Joshua Amunga	220	KEN	2005	58.20	105	110	112	105		125	130	130	130		235	
8	69	Qossey Chaabi	200	ALG	2008	58.50	86	92	93	92		107	107	110	110		202	
9	82	Najib Kivumbi	140	UGA	2005	47.30	62	66	70	66		82	86	90	86		152	
10	94	Jomson Moyengwa	120	BOT	2007	58.60	70	75	80	80		85	90	95	90		170	
11	97	Francis Kondeh	120	SLE	2009	60.00	70	80	85	85		90	100	105	100		185	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Ahmed Abukhshim [LBA]
Left - Poorun Bholla [MRI]
Right - Georges Djeudji [CMR]

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African Junior and Youth Weightlifting Championships

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 19.08.2025 17:00

MEN 65 kg A, 71 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
65 kg A																		
1	48	Kamal Shalabi	200	LBA	2006	62.70	92	96	102	102		117	124	130	130		232	
2	50	Gaston Yemgoua Wafo	210	CMR	2010	64.50	90	95	100	95		126	131	136	136		231	
3	51	Golge Tarwirei	110	BOT	2009	63.40	62	66	70	70		70	75	80	80		150	
4	60	Alex Stephen Donfack Ngaban	210	CMR	2005	64.15	90	94	94	94		126	126	131	126		220	
5	86	Sadek Mohamed	230	EGY	2009	64.15	97	101	103	103		127	131	135	135		238	
71 kg A																		
6	18	Abdulrauf Khalleefah	220	LBA	2010	70.60	106	107	113	113		125	130	135	130		243	
7	31	Mohamed Islam Touairi	250	ALG	2008	68.20	107	112	112	107		132	137	143	137		244	
8	34	Mouad El Majdoub	200	MAR	2006	70.70	90	90	92	92		120	126	127	120		212	
9	44	Emmanuel Amo Boateng	260	GHA	2007	70.20	110	115	121	121		142	147	155	155		276	
10	54	Mohamed Shalabi	230	LBA	2005	70.70	108	114	120	120		143	149	157	149		269	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Joseph Avindo [KEN]
Left - Fateh Bouchiha [ALG]
Right - Fathi Elhadari [EGY]

Chief Marshal

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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 20.08.2025 11:00

WOMEN 77 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
77 kg A																		
1	14	Sondous Mahmoud	140	EGY	2009	74.90	76	81	82	76		91	100	107	100		176	
2	42	Sanae Taftafi	155	MAR	2005	70.20	70	70	75	75		85	92	92	85		160	
3	74	Chofrane Ghrissa	180	TUN	2011	73.80	76	81	81	81		94	101	107	101		182	
4	80	Lorie Labutte	125	MRI	2005	69.70	55	58	64	58		60	70	75	75		133	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Ahmed Abukhshim [LBA]
Left - Poorun Bholla [MRI]
Right - Georges Djeudji [CMR]

Chief Marshal

1. Osama Ghannaw [LBA]
 2. Sefiya Onubaye [NGR]
- #### Time Keeper
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Technical Controller

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Competition Doctor

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African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 20.08.2025 13:00

MEN 79 kg A

Weigh in : 11:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
79 kg A																		
1	23	Innocent Jakalase	200	BOT	2007	77.40	95	103	109	103		106	115	121	121		224	
2	26	Allotey Emmanuel	240	GHA	2007	77.20	105	107	112	112		142	147	152	152		264	
3	32	Roger Brest Sokouodjou Sinetan	265	CMR	2005	79.00	120	120	130	120		150	150	153	150		270	
4	46	Mohammed Albakhnasi	220	LBA	2009	78.30	97	108	113	113		125	132	140	132		245	
5	57	Ryan Hans Parianen	205	MRI	2005	78.90	90	90	100	90		110	115	120	115		205	
6	65	Ishmail Kamara	220	SLE	2007	74.30	100	100	100	--		120	120	--	--		--	
7	77	Trevor Kianga	180	KEN	2005	77.70	80	85	85	80		100	107	110	110		190	
8	78	Mohamed Amine Karoui	235	TUN	2007	74.80	105	105	110	105		125	131	133	133		238	
9	83	Ali Ali	290	EGY	2009	77.90	135	135	142	142		155	167	174	167		309	
10	92	Mohammed Alzintani	300	LBA	2005	79.00	148	151	155	155		179	184	--	184		339	
11	95	Souhil Khaled Oukcini	260	ALG	2006	77.80	115	121	121	115		--	--	--	--		--	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Fateh Bouchiha [ALG]
Left - Fathi Elhadari [EGY]
Right - Joseph Avindo [KEN]

Chief Marshal

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15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 20.08.2025 17:00

MEN 88 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
88 kg A																		
1	7	Vince Yannick Pama	205	MRI	2006	82.00	92	97	101	101		120	120	128	128		229	
2	33	David Hercule Matam Sandje	250	CMR	2009	81.40	115	125	130	125		140	150	153	150		275	
3	71	Saber Mosalaam	290	EGY	2006	87.40	126	126	131	131		154	165	175	165		296	
4	72	Abdellah El Gorch	260	MAR	2007	80.00	125	126	130	126		146	151	151	151		277	
5	79	Mohamed Taher Ayyadi	250	TUN	2007	86.80	105	105	105	105		130	141	147	147		252	
6	89	Donovan Madanamoothoo	205	MRI	2009	82.70	90	100	103	103		115	125	131	131		234	
7	91	Ayoub Djaberi	270	ALG	2007	81.30	126	127	132	127		145	151	151	145		272	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Poorun Bholla [MRI]
Left - Georges Djeudji [CMR]
Right - Ahmed Abukhshim [LBA]

Chief Marshal

1. Osama Ghannaw [LBA]
2. Sefiya Onubaye [NGR]

Time Keeper

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Technical Controller

1. Ali Bendjadou [ALG]

Competition Doctor

1. Dr Fathi Masmoudi [TUN]



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Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 21.08.2025 11:00

WOMEN +77 kg A, 86 kg A, +86 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
+77 kg A																		
1	6	Zeineb Naoui	190	TUN	2008	85.30	83	89	89	89		98	98	102	98		187	
2	76	Joana Dede Vanderpuye	75	GHA	2011	83.80	40	45	49	45		45	47	49	49		94	
3	84	Baaba Adwoa Barnes	60	GHA	2010	109.60	40	44	48	44		46	48	50	50		94	
4	87	Dunay Vermeulen	128	RSA	2009	101.70	53	56	60	56		68	72	76	72		128	
86 kg A																		
5	8	Ilham Nkayri	135	MAR	2006	77.20	63	65	70	65		72	80	85	80		145	
6	15	Janna Hassanein	170	EGY	2006	80.50	84	90	93	93		103	112	117	117		210	
+86 kg A																		
7	16	Shams Abdelazim	190	EGY	2006	90.00	92	97	100	100		117	125	130	130		230	
8	25	Yahna Douvisha Soopal	100	MRI	2008	97.90	40	46	49	49		51	60	63	63		112	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Joseph Avindo [KEN]
Left - Fateh Bouchiha [ALG]
Right - Fathi Elhadari [EGY]

Chief Marshal

1. Osama Ghannaw [LBA]
2. Sefiya Onubaye [NGR]

Time Keeper

1. Nouredin Bouregba [MAR]

Technical Controller

1. Ali Bendjadou [ALG]

Competition Doctor

1. Dr. Chriis Adomakoh [GHA]



African Junior and Youth Weightlifting Championships

African Junior 29 Men and 24 Women and Youth 15 Men and 14 Women Weightlifting Championships Accra Ghana 2025
Ga Mashie Hall Trust Sport Emporium Accra Ghana



15/08/2025 to 22/08/2025

START LIST / PROTOCOL

Competition : 21.08.2025 13:00

MEN 94 kg A, 110 kg A, +110 kg A

Weigh in : 11:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
94 kg A																		
1	24	Abdelrahem Kurban	200	LBA	2008	90.60	85	93	100	100		105	120	120	105		205	
2	38	Mosatfa Elshafei	300	EGY	2006	94.00	136	145	147	145		144	175	182	182		327	
3	73	Jean Ryan Baptiste	205	MRI	2005	90.90	97	103	112	103		121	125	125	121		224	
4	90	Daniel Onana Tanga	290	CMR	2007	89.70	135	145	146	146		160	176	183	176		322	
5	96	Abdulmalik Albaour	230	LBA	2007	88.10	110	115	120	120		130	140	142	142		262	
110 kg A																		
6	9	Salim Abdul	295	GHA	2006	95.20	126	128	132	132		155	161	171	171		303	
7	13	Mohamed Khalil Jaouadi	270	TUN	2006	91.60	116	122	127	127		156	162	172	162		289	
+110 kg A																		
8	75	Dan Tumukunde	190	UGA	2007	140.70	80	90	100	90		110	120	130	120		210	

Jury

1. Horst Saylor [SWA]
2. Kevin Du Plooy [RSA]
3. Salim Musoke [UGA]

Referee

- Center - Ahmed Abukhshim [LBA]
Left - Poorun Bholla [MRI]
Right - Georges Djeudji [CMR]

Chief Marshal

1. Osama Ghannaw [LBA]
2. Sefiya Onubaye [NGR]

Time Keeper

1. Nouredin Bouregba [MAR]

Technical Controller

1. Ali Bendjadou [ALG]

Competition Doctor

1. Dr Fathi Masmoudi [TUN]



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Championships Accra Ghana 2025
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15/08/2025 to 22/08/2025

GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

HORST SAYLER [SWA] *President of Jury
KEVIN DU PLOOY [RSA]
SALIM MUSOKE [UGA]

REFEREE Member Group 1 :

FATHI ELHADARI [EGY]
JOSEPH AVINDO [KEN]
FATEH BOUCHIHA [ALG]

REFEREE Member Group 2 :

POORUN BHOLLA [MRI]
GEORGES DJEUDJI [CMR]
AHMED ABUKHSHIM [LBA]



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15/08/2025 to 22/08/2025

GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

OSAMA GHANNAW [LBA]
SEFIYA ONUBAYE [NGR]

TIMEKEEPER Member Group 1 :

NOUREDDIN BOUREGBA [MAR]

TECHNICAL CONTROLLER Member Group 1 :

ALI BENDJADOU [ALG]

DOCTOR ON DUTY Member Group 1 :

DR FATHI MASMOUDI [TUN]

DOCTOR ON DUTY Member Group 2 :

DR. CHRIIS ADOMAKOH [GHA]

SPEAKER Member Group 1 :

SONDOS AHMED [EGY]



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15/08/2025 to 22/08/2025

NEW RECORDS

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
AFRICAN RECORDS - YOUTH	MEN 79 kg	SNATCH 138 ---> 142	ALI ALI	EGY	2009	20.08.2025
AFRICAN RECORDS - YOUTH	MEN 79 kg	TOTAL 308 ---> 309	ALI ALI	EGY	2009	20.08.2025



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MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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15/08/2025 to 22/08/2025

WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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