



South African Weightlifting Federation

4 Engwena Road, Edenvale, 1610
Johannesburg, Gauteng, South Africa
Website: saweightlifting.co.za
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Tell: +27 10 745 6505

Document Ref: SAWF_OGM_NoticeAganda_20240113.docx

Date: 2023/12/21

NOTICE

ORDINARY GENERAL MEETING

The Ordinary General Meeting of the South African Weightlifting Federation
will be held on Saturday 13th January at 12pm

Venue: Virtual Meeting

Agenda

The business to be transacted at the O.G.M. shall be:

1. Welcome and to read the notice convening the meeting
2. Roll call
3. To read and confirm, with or without amendments, or to reject the minutes of the previous O.G.M., as well as the minutes of any S.G.M. held in the interim, and to consider any matters arising therefrom.
4. To consider and to adopt, with or without modification, or to reject, any Resolution of which due notice has been given:
 - 4.1. The Calendar for 2024
 - 4.2. The Competitions Policy
5. To consider and to adopt, with or without modification, or to reject, the budget for the ensuing year which shall have been prepared by the Treasurer and considered and recommended by Exco.
6. Topics for discussion:
 - 6.1. Safeguarding implementation process
 - 6.2. Communication between SAWF, provincial associations and commissions, and the filtering down and discussion of such with members
 - 6.3. Provincial association good governance compliance
 - 6.4. Selection criteria and process

South African Weightlifting Federation Executive Members

President: Caroline Wolf; Secretary General: Antoinette Kriel; Treasurer: Darryn Anthony; Technical: Rodney Anthony;
Development: George Piet; Human Resources: Stan Bosch; Media & Marketing: N/A;
Medical: Dr Nikki Allorto; Athlete Rep: Ruben Burger, Aneke Spies; Coach Rep: Andre Gadney, Georga Love
Provincial Chairpersons: Martin Venter (KwaZulu-Natal); Nicolas Gindre (Gauteng); Pieter Du Plessis (Free State);
George Piet (Eastern Cape), Dr Kevin du Plooy (Western Cape), Charles Coetser (Limpopo), Lafras Dunn (North West)



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- 6.5. IWF Coaches' course held in November 2023
- 6.6. Bids for SA u14, Youth, Junior and Senior Championships 2024
- 6.7. Media & Marketing Officer

No resolution which has the effect of creating, amending, or repealing a by-law, regulation, or standing rule shall be binding unless the notice thereof has been given in terms of clause 15 of the Constitution or such resolution has been ratified at the next Federation Council meeting.

As per the South African Weightlifting Federation constitution dated the 27th October 2023:

16.3. The following persons shall be entitled to attend and speak at the O.G.M:

16.3.1. All members of the Federation Council, as defined in 15.2:

15.2. The Federation Council shall comprise the following.

15.2.1. The following elected Exco members.

15.2.1.1. The President;

15.2.1.2. The Vice-President;

15.2.1.3. Treasurer

15.2.1.4. Secretary-General

15.2.1.5. Technical Officer

15.2.1.6. Development Officer

15.2.1.7. Marketing and Media Officer

15.2.1.8. Human Resources Officer

15.2.1.9. Medical Officer

15.2.2. 4 (four) representatives of the Ordinary Members (Provincial Association)

15.2.3. 2 (two) athletes' representatives elected by the Athletes' Commission.

15.2.4. 2 (two) coaches' representatives elected by the Coaches' Commission

15.2.5. 1 (one) representative of other Associate members (if applicable)

16.3.2. 2 (two) athletes' representatives from each Provincial Association who are elected by the Athletes' Commission of the Provincial Association

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16.3.3. The Patrons;

16.3.4. All Honorary Life Members;

16.3.5. Invited individuals shall include the Auditor and a representative of the Sports Confederation;

16.4. Notice of any O.G.M. of the Federation Council shall be sent to all Members not less than 21 (twenty-one) days before the date of such meeting which notices shall be accompanied by a proposed agenda as recommended by Exco.

16.5. The full motion which any Member wishes to be put to and considered by any O.G.M. shall be received not less than 14 (fourteen) days before the date of such meeting by the Secretary-General who shall distribute it by post and/or by hand, and/or by fax, and/or by electronic mail, together with the final agenda to all Members, the Athlete's Commission, and Associate Members, not less than 7 (seven) days before the date of such meeting.

All Provincial Associations are required to Submit details of the four Members who will be attending the meeting 14 days before the meeting via email to: gensecretary@saweightlifting.co.za.

Kind Regards,

A handwritten signature in black ink, appearing to read "A. Kriel", is written over a horizontal line.

Antoinette Kriel

General Secretary

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