



Date: 2023/10/04

NOTICE

ANNUAL GENERAL MEETING

The 2023 Annual General Meeting of the South African Weightlifting Federation will be held on the Friday 27th October 2022 at 5pm

Venue: Hybrid Meeting, Boskruin Community Centre, Randburg

As per the South African Weightlifting Federation constitution dated the 21st January 2023

Clause: 17.3. The following persons shall be entitled to attend and speak at the A.G.M:

- 17.3.1. All members of the Federation Council, as defined in 15.2;
- 17.3.2. 2 (two) athletes' representatives from each Provincial Association who are elected by the Athletes' Commission of the Provincial Association
- 17.3.3. The Patrons;
- 17.3.4. All Honorary Life Members;
- 17.3.5. Invited individuals shall include the Auditor of the Federation;
- 17.3.6. A representative of the Sports Confederation.
- 17.3.7. A representative of the Department of Sports, Arts, and Culture

Clause 17.4.9. To discuss and consider any further matters of which 14 (fourteen) days written notice has been given.

Clause 17.5. Notice of each A.G.M. shall be sent to all the Members, Exco members, Patrons, and Honorary Life Members not less than 21 (twenty-one) days before the date of the A.G.M.

South African Weightlifting Federation Executive Members

President: Caroline Wolf; General Secretary: Antoinette Kriel; Treasurer: Darryn Anthony; Technical: Rodney Anthony;
Development: George Piet; Human Resources: Stan Bosch; Media & Marketing: Yolandi Donovan;
Medical: Dr Nikki Allorto; Athlete Rep: Ruben Burger; Coach Rep: Andrew Anthony
Provincial Chairpersons: Martin Venter (KwaZulu-Natal); Nicolas Gindre (Gauteng); Pieter Du Plessis (Free State);
George Piet (Eastern Cape), Dr Kevin du Plooy (Western Cape), Koos Henning (Limpopo),
Lafra Dunn (North West) [Dated 2023/09/30]



South African Weightlifting Federation

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- Clause 17.6. Not less than 14 (fourteen) days before the date of any A.G.M., copies of the Agenda for that A.G.M. and the Annual Financial Statements for the financial year preceding the date of the A.G.M. shall be distributed to all Members, Exco members, Patrons and Honorary Life Members by post, and/or by hand, and/or by fax, and/or by electronic mail.
- Clause 19.1. Each Ordinary Member (Refer to clause 11.1) shall be entitled to nominate a maximum of 4 representatives, the National Athletes Commission (Refer to clause 11.2) shall be entitled to nominate a maximum of 2 representatives (one Female and one Male), and the Coaches Commission (Refer to clause 11.3) shall be entitled to nominate a maximum of 2 representatives (one Female and one Male), whilst an Associate Member (Refer to clause 11.6) will be entitled to nominate 1 (one) representative, to attend and to vote at any general meeting of the Federation Council. Refer to clause 15.2.
- Clause 19.2. Such nominations shall be in writing, addressed to the Secretary-General, and must be received by him or her not less than 72 (seventy-two) hours before the time for the commencement of that meeting.

Kind Regards,

A handwritten signature in black ink, appearing to read "A. Kriel".

Antoinette Kriel (Secretary-General)

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