

South African Weightlifting Federation

Preliminary - Calendar

Date: 2023/09/23

2023			
October	26th - 31st October	Africa Youth & Junior Championships 2023	Cairo, Egypt
	27th - 29th October	SA Senior Championships 2023	Randburg, SA
November	2nd November	Preliminary Entries Africa Snr Championships 2024	
	5th - 7th November	IWF Level 2 Coach Course (Zone 2/3)	Bosburg, SA
	18th November	SA Masters Championships 2023	Port Shepstone, SA
December	4th - 14th December	IWF Grand Prix II	
	31st December	Preliminary Entries - IWF World Cup, Phuket, THA	

2024			
January	27th January	Club Competition - Recommended	
February	2nd -10th February	Africa Senior Championships 2024	Cairo, Egypt
	22nd February	Preliminary Entries - IWF World Youth Championships	
	24th February	Club Competition - Recommended	
March	9th -15th March	African Games	Accra, GHA
	22nd -24th March	Provincial Championships 2024	Provincial
	22nd -24th March	Internatinal Level II Ref Course	TBA
April	31 March - 11 April	IWF World Cup	Phuket, THA
	20th April	Club Competition - Recommended	
May	22nd -26th May	IWF World Youth Championships	Lima, Per
	25th May	Club Competition - Recommended	
June	17th June	Preliminary Entries - Commonwealth Championships	
	19th June	Preliminary Entries - IWF World Jnr Championship	
	22nd - 23rd June	SA U13, Youth and Junior Championships 2024	TBC
July	6th July	Club Competition - Recommended	
	26th July - 11th August	Olympic Games	
August	24th August	Club Competition - Recommended	
	17th August	SAWF AGM 2024	TBC
September	5th - 14th September	Masters World Championships 2024	Rovaniemi, Finland
	17th - 21st September	Commonwealth Youth, Junior and Senior Championships 2024	Suva, FIJ
	19th - 27th September	IWF World Junior Championships 2024	Leon, ESP
	28th September	Club Competition - Recommended	
October	25th - 27 th October	SA Senior Championships 2024	TBC
November	TBC	IWF World Senior Championships 2024 (Nov- Dec)	Manama, BRN
	17th November	SA Master Championships	TBC
December	7th December	Club Competition - Recommended	