



South African Weightlifting Federation

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Working Group

SCHEDULE M – WEIGHTLIFTING COACH POLICY

Dear SAWF Members

A coach policy is imperative for any sport in the world. To integrate this policy the following will be applicable:

Coach grading using the Experience of coaches in the various competitions.

The objective here is to have a system that does not rely on a coaching course but rather the number of competitions a coach attends with a positive outcome (i.e. athlete(s) achieving a total).

When this Policy is put in place the current registered coaches can submit a list of competitions they have attended, or have had athletes attend, in the past, with results as proof. The registered coaches will be afforded a 3 month window to provide the Technical Committee with the information.

After the three month period The Technical Committee will calculate the Points for the coach, and issue the coach his/her Experience Points.

Once the coach has been issued their Experience Points, they will have one month to object if they feel that the points were incorrectly calculated, based on the information they provided.

An Official List of coach gradings will be issued after all coaches are graded.

Following that, in 2024 every Coach must enter as a coach via the SAWF Portal for a competition they will be coaching at. Note that the coach's athlete must be entered and compete at such competition for the points to be allocated. All international trips will be controlled by the technical committee.

South African Weightlifting Federation Executive Members [Dated 2023/07/20]

President: Caroline Wolf; General Secretary: Antoinette Kriel; Treasurer: Darryn Anthony; Technical: Rodney Anthony;
Development: George Piet; Human Resources: Stan Bosch; Media & Marketing: Yolandi Donovan;
Medical: Dr Nikki Allorto; Athlete Rep: Ruben Burger; Coach Rep: Andre Gadney;
Provincial Chairpersons: Martin Venter (KwaZulu-Natal); Nicolas Gindre (Gauteng); Pieter Du Plessis (Free State);
George Piet (Eastern Cape); Kevin du Plooy (Western Cape); Koos Henning (Limpopo); Lafras Dunn (North West)



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All coaches must be fully compliant with the Safeguarding requirements within 3 months of registering with the Federation (see Safeguarding policy and implementation documents). If not, he/she will not be recognised as a weightlifting coach.

Please send in comments and suggestions before the 13th October 2023, so they can be circulated to the members before the working session, if possible.

Regards,

Technical Committee

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