



South African Weightlifting Federation

4 Engwena Road, Edenvale, 1610
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Document Ref: SAWF_ConstitutionChanges_20231027.docx

Date 2023/10/04

Notice of proposed Changes to the South African Weightlifting Federation Constitution

Dear The South African Weightlifting Federation Council

The following changes to the constitution will be tabled at the Annual General Meeting which will be held on the 27th October 2023 at Boskruijn and virtually.

Proposed Changes to the South African Weightlifting Federation Constitution dated 21st January 2023

Refer to Page 24

17.4.10. To allocate the date for the SA Senior, Junior, Youth & Under 14 Championships, for the ensuing year.

Change to the following to suit the Proposed changes to the Competitions Policy

17.4.10. To allocate the date for the SA Championships as per the Competition Policy, for the ensuing year.

Refer to Page 44 (ANNEXURE 1 - SCHEDULE LIST OF POLICIES AND DOCUMENTS)

Add the following Documents for point of reference.

SCHEDULE "L" SAFEGUARDING POLICY

South African Weightlifting Federation Executive Members

President: Caroline Wolf; General Secretary: Antoinette Kriel; Treasurer: Darryn Anthony; Technical: Rodney Anthony;
Development: George Piet; Human Resources: Stan Bosch; Media & Marketing: Yolandi Donovan;
Medical: Dr Nikki Allorto; Athlete Rep: Ruben Burger; Coach Rep: Andre Gadney;
Provincial Chairpersons: Martin Venter (KwaZulu-Natal); Nicolas Gindre (Gauteng); Pieter Du Plessis (Free State);
George Piet (Eastern Cape); Kevin du Plooy (Western Cape); Koos Henning (Limpopo);
Lafraas Dunn (North West) [Dated 2023/07/20]



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As per the South African Weightlifting Federation Constitution dated 21th January 2023

39. ALTERATION OR VARIATION OF THIS CONSTITUTION

- 39.1. The Constitution can only be changed by a resolution. The resolution has to be agreed upon and passed by not less than two-thirds ($\frac{2}{3}$) (or at least 67%) of the members who are at the annual general meeting or special general meeting. Members must vote at this meeting to change the Constitution.
- 39.2. Written notices must go out not less than fourteen (14) days before the meeting at which the changes to the constitution are going to be proposed. The notice must indicate the proposed changes to the constitution that will be discussed at the meeting'
- 39.3. No amendments may be made which would cause the organization to close down or stop or to die away.

Regards,

Technical Committee

South African Weightlifting Federation Executive Members

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